



## **PHYSICAL EDUCATION**

### **ST.XAVIERS COLLEGE (AUTONOMOUS), PALAYAMKOTTAI**

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#### **REPORT ON ALL ACTIVITIES (2012-2018)**

##### **ACADEMIC YEAR 2017-2018**

“The Pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty” -Winston Churchill

The Manonmaniam Sundaranr University, Tirunelveli entrusted us to organize the sports and games for the year 2017-2018. The Principal became the Chairmarn and The Director of Physical as the Convener of the M.S. University inter-collegiate tournaments.

The 95th Track and field meet of the college was held on 01-09-17. Mr.E.Ramiah Senior Audit Officer O/O AG'S (Audit), Kerala, Trivandrum Presided over the function and distributed the prizes.

Department of Economics won the over all Championship and Department of English Shift II became runners-up. K. Maheswaran of II B.A. Economics won the individual championship in the men section . Women J. Michael Rehila of III B.A.English shift II won the Individual Championship in the Women Section.

Aquatics team of the college secured the overall championhis in the Manbonmniam Sundaranr University Swimming Meet held at Anna Stadium during September, 2017. T. Emil Robinsingh III B.A. Englsih represented the Manbonmniam Sundaranr Univeristy Aquatics team. He Won the Gold medal in 200m Individual Medley and 400 meter Individual Medley, Silver in 100 m Breast Stroke, and a Bronze in 200 m freestyle. He became the individual Champion in the Senior State Aquatics meet hled at Chennai.

T. Emil Robinsingh won the gold in 400 individual medley in the 71 Senior National Swimming meet held at Bhopal

N. Murugan I B.A. Economics secured Gold in the the Manonmaniam Sundaranr University Cross Country Race held at the University and he represented the Cross Country team

The College Hockey team secured the runners-up in the Manonmnima Sundaranar University Hockey tournament held at K.R. Arts College, Kovilpatti. Jeya Ramakrishnan III B.Sc. Mathematics, Mano III B.A. Economics and Kanthamanikandan III B.SC. Zoology represented the University team.

P. Thenga Lechmi I M.Com represented the Manonmniam Sundaranar University Chess team

K. Binu Kumar III B.Com represented the University Football in the south Zone inter University Tournament.

Akilan III B.A. English Represented the University Basketball team. C. Dukeson Immanuel Davamani III. B.A English represented the University Tennis Team

College Kabaddi team secured the Fourth Place in the Manonmnam Sandaranr Univeristy kabaddi tournament and Selvakumar 1 B.A. Tamil represented the University Kabaddi team. It participated many of the local tournaments and brought laurels to the college

The College organized the Manonmanium Sundaranar University Football Championship. The College Students of various sports organized the Inter department tournaments in Chess (men& women), Badmintons (men & women) Volleyball, Basketball and Football. The departments participated actively in all the tournaments which inculcate certain values in their life. The results of the inter department tournaments

## CHESS

### MEN

winner:Mathematics Shift II

Runners-up: Mathematics Shift 1

### WOMEN

Winner: Commerce Shift I

Runners-up Mathematics Shit I

## Badminton

### Men

Winner: Commerce Shift I

Runners up: English Shift I

## Women

Winner: English Shift. II

Runners: Botany

## Volleyball

W inner: English Shift I

Runners-up :Commerce Shift I

## Basketball

Winner:Englsih Shift 1

Runners-up :Tamil and MSW

## Football

Winner: Tamil & MSVw

Runners-up:Commerce Shift II

## **ACADEMIC YEAR 2016-2017**

The Manomniam Sundaranr University, Tirunelveli nominated St. Xavier's College to organize the sports and games for the year 2016-2017. The Principal became the Chairman and The Director of Physical Education as the Convener of the M.S. University inter-collegiate tournaments.

The College 94th Annual Track and Field meet was held on August 26th, 2016. Mr.S. Sivasibramnian, Commissioner, Tirunelveli City Municipal Corporation presided over the function and distributed the awards. Department of English Shift II won the overall championship and Department of Economics secured the second place. Department of English

Shift I secured the best March Past contingent cup. R. Isman Singh II BA, English and L. Selva Pragasi III B.A. English won the Individual Championship in the men and women sections.

T. Emil Robin Singh II B. English secured silver in 400 m IM in the Senior National Swimming meet held at Ranchi in the last week of September 2016, R. Isman Singh II B.A. English represented the Tamilnadu State Swimming team for the Senior National Swimming Championship at Ranchi.

T. Emil Robin Singh II B. English secured Gold in 200 m Individual Medley and 400 m Individual Medley and a Silver in 200 M Breast Stroke in the All India Inter University Aquatics Championship held at Panjab University, Chandigarh. R. Isman Singh II B.A. English represented Manonmaniam Sundaranar University, Tirunelveli in the All India Inter University Aquatics championship at Chandigarh in the last week of October 2016.

T. Emil Robin Singh Secured Gold in 200 m IM, R. Isman Singh secured Gold in 100m freestyle and T. Subashsankar III B.Sc., Botany secured Gold in 100 m Butterfly in the Tamilnadu State Inter University Swimming Meet held at Kalasilingam University, Krishnankoil in January, 2017.

Alagu Murugan III .B.A. Tamil secured Gold in Biathlon and Gold in Triathlon in the National Biathlon and Triathlon meet held at Haryana.

T. Emil Robin Singh secured Gold and R. Isman Singh secured Bronze in the Tamilnadu Sate Chief Minister Swimming Championship held at Chennai in January 2017.

Our College Women Chess team secured Third Place in the Manonmnaim Sundaranr University Chess Championship held at Kamaraj College, Tuticorin in the first week of August 2016, Maria Lincy I B.Se Computer Science represented the Manonmaniam Sundaran University Chess team.

The Hockey team of our college retained the Manonmaniam Sundaranar University championship, held at K.R. College, Koilpatti, Sudalai Kannu and Prasanth I.M.A. Economics, Naveen Raj III B.A. Tamil, Rama Subbu, Vadivel III B.A. Economics, Kandha Manikandam II B.Sc. Zoology and S. Jeyaram Krishanan II B.Sc Mathematics represented the Manomaniam Sundaranr Univeristy Hockey team.

Shyju III B.Sc Mathematics represented Manonmaniam Sundaranr University Football team. L. Selva Pragasi III B.A. English represented Manonmaniam Sundaranr University women Football team.

Sharan I M.A. Tamil represented the Manonmaniam Sundaranar Univeristy Badminton team.

lyappan III B.A. Tamil represented Manonmniam Sundaranar University Basketball Team and also he has qualified as the Tamilnadu State referee in Basketball.

### **ACADEMIC YEAR 2015-2016**

Mr. R. Manickam Asst. Commissioner of Police, Tirunelveli City presided over the 93 rd sports day on 14.08.2015. L. SelvaPragasi II B.A. English secure the women individual championship, R. Isman Singh I B.A. English won the men individual Championship.English Department secured the overall chanpionship and Corporate Secretaryship secured the overall second place.

Our students participated in the All India Inter University Aquatics held at Panjab University, Chandigarh, and bagged the following medals:

T. Emil Robin Singh I B.A. English

Gold Medal in 400 m Medley

Silver Medal in 200 m Medley

Silver Medal in 200 m Breast Stroke

Bronze Medal in 100 m & 50 m Breast Stroke

R. IsmanSingh I B.A. English

Bronze Medal in 400 m freestyle

T. Subashsankar II B.Sc Botany and AlaguMurugan I B.A. Tamil represented the ManonmaniamSundaranar University Aquatics team to PanjabUniversity.They also participated in the Senior National Aquatic Championship held at Rajkot, Gujarat. Subash and AlaguMurugan represented the state in the Biathlon Nationals and Subash secured Bronze and Aalgumurgan secured fourth and qualified for the Asian Championship. Emil, Isman and Aravind participated in Chief Minister Cup Aquatic championship and secured Cash awards.College Women Badminton team secured Runners-up in the Manonmanaim Sundraranar University Badminton Championship. Saran III B.Sc. Comp. Sci represented the university Badminton team.The Football team of the College won the K.P Selladurai memorial Trophy in the Manonmanaim Sundraranar University Football Championship. J. Jerry Bush, D Priya Danish III BCom Corporate Secretaryship, J. Shiju II B.Sc Mathematics, Saravanan and Abu Bucker Siddique I M.A. Folklore represented the University Football team. The Team lifted the Banu memorial Trophy in the Tirunelveli District Football Association Senior Division League matches and Participated in the Champion Club tournament conducted by Tuticorin Dist. Football Association. Saravanan is a qualified National referee in Football.The College Hockey team retained the Manonmanaim Sundraranar University Championship. M. Sahaya Dennis III MCA, S. Subbiah I M.A. Folklore, Rama Subbu III B.Sc Mathematics, A. SudalaiKannu, V. Sabarinathan, K. Prasanth III B.A. Ecoromics, P. Vadivel II B.A. Economics & M Suresh I B.A. Economics represented the University Hockey team. S.Jeyarama Krishnan I B.Sc Mathematics won the Best Player Award in the junior State Hockey Championship held at Virudhunagar and also the Probable for the Junior State team.M. Iyappan represented the Manonmaniam Sundaranar University Basketball team.

He has qualified as an official of the Tamilnadu Basketball Association. The College organized Men and Women Hockey tournaments for the ManonmaniamSundaranar University. Dr. A. Laurence Selvaraj Won the Best Director of Physical Education award from ManonmaniamSundaranar.

### **ACADEMIC YEAR 2014-2015**

The College Day 92nd Annual Track and Field meet was held on September 12th, 2014 Mr. T.P. Sureshkumar IPS., Deputy Commissioner of Police, Tirunelveli City presided over the function and distributed the awards. English Department won the overall championship and the Computer Science Shift I secured the second place. S. Yobu III B.Sc. Computer Science and M. Monica Seles Bastina II M.A. English won the Individual Championship in the men and women sections.

Alagu Murugan I B.A. Tamil secured Gold in the National Biathlon meet held at Mahabalipuram in August, 2014. Alagu Murugan represented the Country in Biathlon in the Adian Beach games held at Phuket, Thailand in the third week of November 2014 . Ram Shanker III BBA Seured Gold in the National powerlifting championship . Aswin III BSc Phsics won the Gold in the State level wrestling championship. Collage hockey team won the Manonmaniam Sundaranar University Championship. . Sahaya Denis II MCA,Karthikeyan II MA. Eco, Subbiah Doss III BBA, Valathi RAjan ml BSc Maths, Arunachalam III B.A. Eco, Rama Subbu II B.Sc Maths, Sudalai Kannu, Sabarinathan II B.A. Economics and Naveenraj I B.A. Tamil represented the MS. Univensity team.

The Footbal team became runners- up in the Manonmaniam Sundaranar University championship, secured the third place in the Erode JCI tornament,



Dhanabalan III BA Economics and Jerry Bush II B.com Corporate secretarship represented the MS. University team. Sharan of II B.sc computer science and sahana I B.A.English represented the M.S university Badminton team. Pradeep Ram of III B.sc computer science represented the M.S university Volleyball team Monica Seles Bastina II M.A. English represented the M.S university Football team. Iyappan I B.A Tamil represented the M.S university basketball team. Yobu III BS Comp. Sci. represented the MS. University Athletic team

Monica Seles Bastina II M.A English represented the jharkhand state in the open National athelitics held at new Delhi in the Fourth week of October 2014. Arvind secured gold in the chief minister swimming meet in the zonal competitions Monica Secured Silver in javelin throw in the chief minister zonal competitions held at Madurai.Many of our team players represented the various district teams in the chief minister zonal tournaments. Monica, Dhanabalan, Nagarajan, and Palani qualified as Football referee of the state. The college conducted the M.S University hockey championship in Men and Women

### **ACADEMIC YEAR 2013-2014**

The 91st Annual Track and Field meet was held on 14.09.13. Rev. Dr. V. Gilbert Camilus,S.J., Principal, declared the meet open. 550 students participated in the colourful march past Rev. Dr. Bevinson Perinbaraj Principal, Dr. Sivanthi Aditanar College of Physical Education,distributed the prizes to the medal winners. Yobu (II B.Sc. Comp. Science) won the Individual Championship in the men section and M. Monica Seles Bastina (I M.A. English) won the Individual Championship in the women section. The Dept. of English won the Overall Championship.

Silvestar (III B.Com Corp. Sec) won the Bronze in the All India Inter University Athletics held at Punjabi University Patiala.

Aravind (II B.Com Corp. Sec) won the Bronze in 50m Back Stroke, Silver in 4 x100 m freestyle relay and 4 x50 m freestyle relay in The Kedah International invitation swimming meet held at Malaysia. Ashwin (II B.Sc. Physics) won the Silver in the Open Category in the Tamil Nadu State Kick Boxing Championship held at Trichy.

Ram Shankar II BBA won the First Place in the Tamil Nadu Junior State Power Lifting held Gudiyatham The Paddlers of the college became runners-up in the Manonmaniam Sundaranar University Championships. Kandasamy (III B.A.Eco) represented the University Table Tennis team. Sharan of I B.SC Comp.Sci represented the Manonmaniam Sundaranar University Badminton Team.

The Soccer team of our college qualified to participate in the Champions Football league organized by Tamil Nadu Football Association and the team won the MKM Banu Memorial trophy in the Super League title. The College won the University Championship. Dhanabalan(II B.A.Eco) represented the University team. The Football team won the Chief Ministers Cup in the District. It secured the Third Place in the State level Inter Collegiate Tournament at Arul Anandar College, Karumathur The Basket ballteam was placed fourth in the University Championship. Nitheesh (I B.Sc. VisCom) represented the University team. Swiskar Joseph represented the Univeristy Volleyball team. Our College Hockey team became runners up in the Manonmaniam Sundaranar University Championship. Sahaya Dennis (I MCA), Manoj, Mahendran (I MCom), Valathi Raijan (II B.Sc Maths) Karthikeyan (I MA. Economis) and Subiah (I BBA) represented the University team.

The College organized Manonmaniam Sundaranar University Basketball and Hockey Tournaments. Many of our college players represented the district team in various sports in the Chief Minister Trophy Tournaments. Dr. A. Laurence Selvaraj is the Coordinator of the Manonmaniam Sundaranar University Sports Coordination Committee.