



LUXIFEM -WOMEN'S FORUM
ST.XAVIERS COLLEGE (AUTONOMOUS), PALAYAMKOTTAI

Women empowerment is the pre-requisite for a developing country to become a developed country. Women should be provided access to higher education as well as awareness of the rights of women in society. George Washington says:

‘My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her’. It is our duty to ensure women empowerment so that we may contribute to the society effectively. With this objective, Women’s Forum inaugurated LUXIFEM on 25-09-2012.

ACADEMIC YEAR 2013-2014


**MOTIVATIONAL PROGRAMME ABOUT RECENT TRENDS
IN WOMEN’S HEALTH**

Date:30/11/13

VENUE:AUDITORIUM

Women’s Forum organized a special programme on “Recent Trends in Women’s Health” on 30/11/13. Dr. Fleix Cardeelia, Medical Officer, Nagercoil was the Chief Guest. Rev Fr Principal Dr. V. Gilbert Camillus, S.J. and Dr. Francis Xavier, Dean of Students felicitated the programme. Chief Guest Dr. Felix Cardeelia gave lecture on various women’s health issues and also answered the

queries raised by women students. Dr. P. Mary Jelastin Kala, Dean of Women Students organised the programme in a meaningful manner and made it fruitful to women students.

	
ST. XAVIER'S COLLEGE (AUTONOMOUS) (Recognized as "College with Potential for Excellence" by UGC) (Reaccredited with 'a' Grade by NAAC with CGPA 3.50) Palayamakottai-627002	
WOMEN'S FORUM	
NOTICE	
MOTIVATIONAL PROGRAMME ABOUT RECENT TRENDS IN WOMEN'S HEALTH	
Date: 30/11/13	VENUE: AUDITORIUM
RESOURCE PERSON: DR. FLEIX CARDEELIA, MEDICAL OFFICER, NAGERCOIL	
DATE: 27/11/2013	DEAN OF WOMEN STUDENTS Dr. S. Mary Jelastin Kala



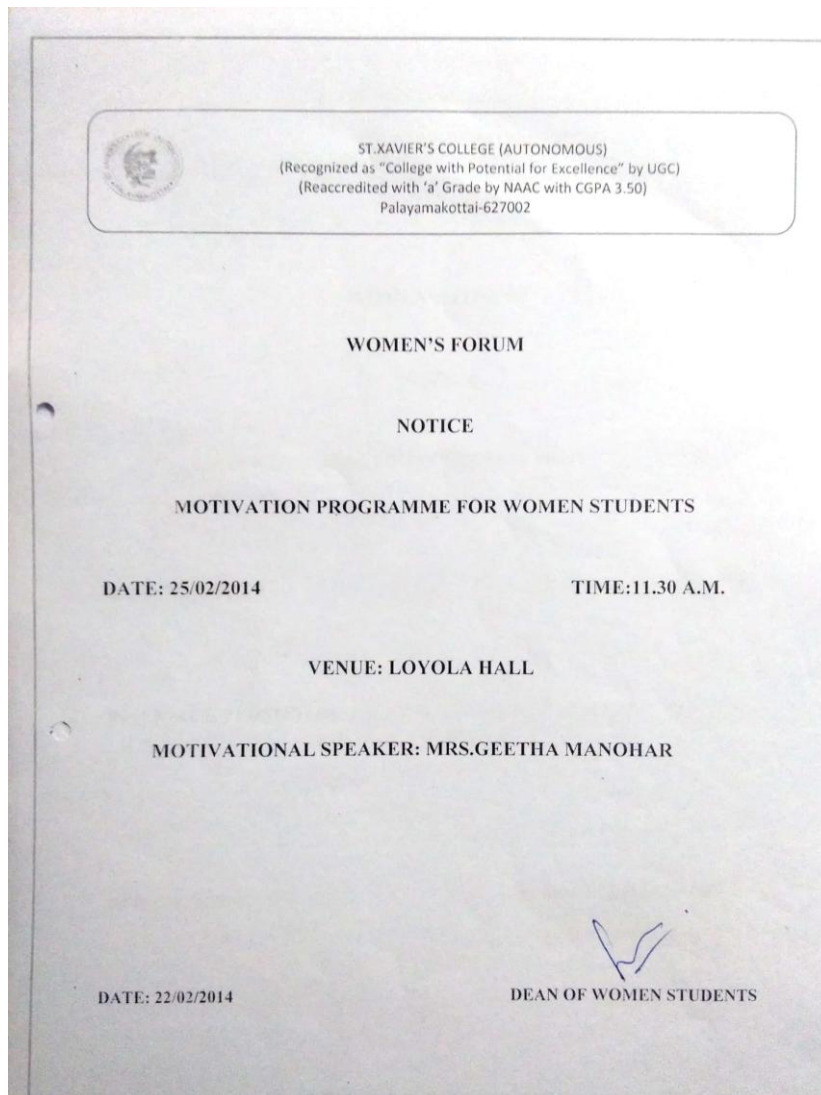


MOTIVATION PROGRAMME FOR WOMEN STUDENTS

Date:25/02/14

VENUE:AUDITORIUM

Women's Forum organized a motivation programme for women students on 25/02/14. Mrs. Geetha Mahohar, Motivational speaker was the chief guest. This motivational programme was very useful to the women students and it was a boost for the students to tune themselves and concentrate more in their studies. Dr. P. Mary Jelastin Kala, Dean of Women Students organised the programme in a meaningful manner and made it fruitful to women students.



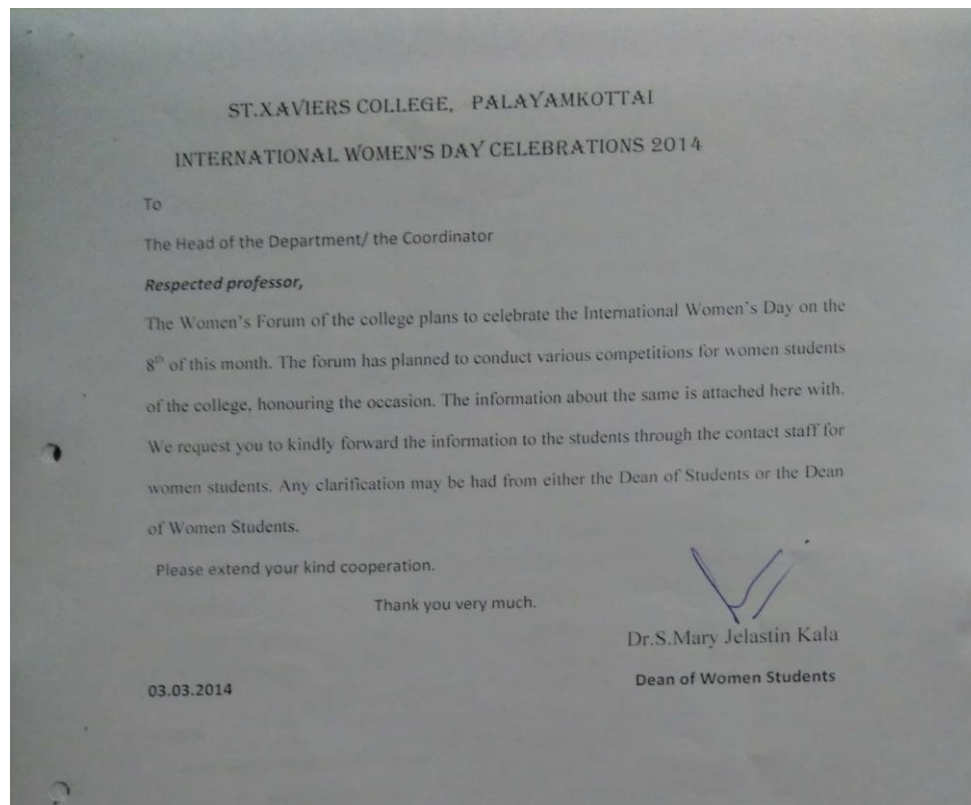
INTERNATIONAL WOMEN'S DAY CELEBRATION

Date:05/03/14

VENUE:OPEN AIR STAGE

International Women's Day was celebrated in a grand manner on 8th March 2014. Ms. Thamayanathi, Writer and Ms. Malarvathi were the Chief Guests. Several competitions such as Essay writing, Poster designing, Nature chef, Hairdo competition, Budding Visionary, Flower arrangement and Femina Mondiale were conducted for the women students on 07/03/14 and 08/03/14. Women students participated with lot of enthusiasm. The winners of

the competitions were honoured with prizes and certificates in the women's day Programme. Women students performed some cultural events regarding Women's day.



INTERNATIONAL WOMEN'S DAY CELEBRATIONS 2014

Dear ladies!

Come on!

Come all!

In the event of the forthcoming *International women's day* on the 8th of March, the following competitions shall be conducted for the **women students** of the college. Prizes and certificates shall be awarded during the International Women's Day celebration in the college on the 8th of March, 2014. The students are invited to actively take part in all the events and make the celebration a meaningful and successful one.

Competitions:	Date:	Time:	Venue:
1.Essay Writing	07.03.14	11.20a.m.	Loyola Hall
2.Poster Competition	07.03.14	11.20a.m.	Loyola Hall
3.Nature Chef	07.03.14	11.20a.m.	Loyola Hall
4.Hairdo competition	07.03.14	11.20a.m.	Loyola Hall
5.Budding visionary	07.03.14	12.15a.m.	MCA Hall
6.rangoli	08.03.14	08.45a.m.	Old Quadrangle
7.Flower Arrangement	08.03.14	08.45a.m.	Open Air Stage
8.Femina Mondiale	08.03.14	12.30 p.m.	Open Air Stage

Details:

1. Essay Writing:(English/Tamil)

- Duration- one hour
- Number of Participants:1
- Topic shall be announced at 9.00a.m on the day of the competition.
- The essay should not exceed 4 pages.
- Criteria for judgement shall be content, language and creativity.

2. poster competition:

- Duration- one and a half hours
- Number of Participants:1
- Theme:Women –The Blooming Bud
- A representation of the given theme in the form of cartoon, caricature, line drawing or symbolic presentation on a half sixe white chart.
- Poster colours and water colours are preferable.
- Chart and colours to be brought by the students.
- Criteria for judgement shall be creativity, representation of theme and aesthetics.

3. Nature chef:(Cooking without heating)

- Duration- one hour
- Number of Participants: Three in a team.
- Any natural ingredients or spices may be used.
- All requirements should be bought by the students.
- The students should list out the ingredients for display.
- Please bring serving vessels, straws and spoons for three judges.
- Criteria: innovation, taste and presentation.

4. Hairdo competition(Dressing up the hair)


- Duration- one hour
- Number of Participants: Three in a team(Two to decorate and another a model)
- Any style of hair do: plait, braid, bun etc(Indian or other)
- Appropriate dress may be worn, but they shall not be allotted special marks
- Criteria: style, innovation and neatness

5. Budding visionary(a test for your personality)

- Participant: one
- The student has to speak for 2 to 3 minutes on the topic:"Women can REACH THE UNREACHABLE"(English or Tamil)
- Following the talk the judges shall question you based on your talk or giving situations
- The student may use English or Tamil consistently. That means no change of language in between

- Criteria: conviction, language and ideas
- 6. Rangoli (No kolam with dots)
 - Duration- one hour
 - Number of Participants: Three
 - Space allotted: 1 ½ m x 1 ½ m
 - Colour presentation based on any women related theme
 - Colour powder, salt or starch pellets ("jowerisi") may be used
 - Flowers should not be used
 - Criteria: theme/idea, aesthetics and neatness
- 7. Flower arrangement:
 - Any kind of arrangement (traditional or otherwise)
 - Only fresh flowers should be used
 - Table top decorations only
 - The speciality may be mentioned in a note kept nearby
 - Criteria: aesthetics, creativity, and variety
- 8. Femina mondiale: (implementation any great women personality)
 - Duration- one min
 - Number of Participants: solo
 - A very special kind of fancy dress competition
 - Appropriate dress and makeup should be worn
 - Kindly avoid impersonating yourself
 - The participant may speak a few lines to establish the personality
 - The participant may be questioned by the judges
 - Criteria: attire, attitude and speech

03.03.2014


Dr. S. Mary Jelastin Kala
Dean of Women Students



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

PALAYAMKOTTAI-627 002

*We, the management, staff and students cordially invites you to
the celebration of*

INTERNATIONAL WOMEN'S DAY

DATE: 08/03/14

VENUE: OPEN AIR STAGE

CHIEF GUESTS

MS. THAMAYANTHI (Writer)

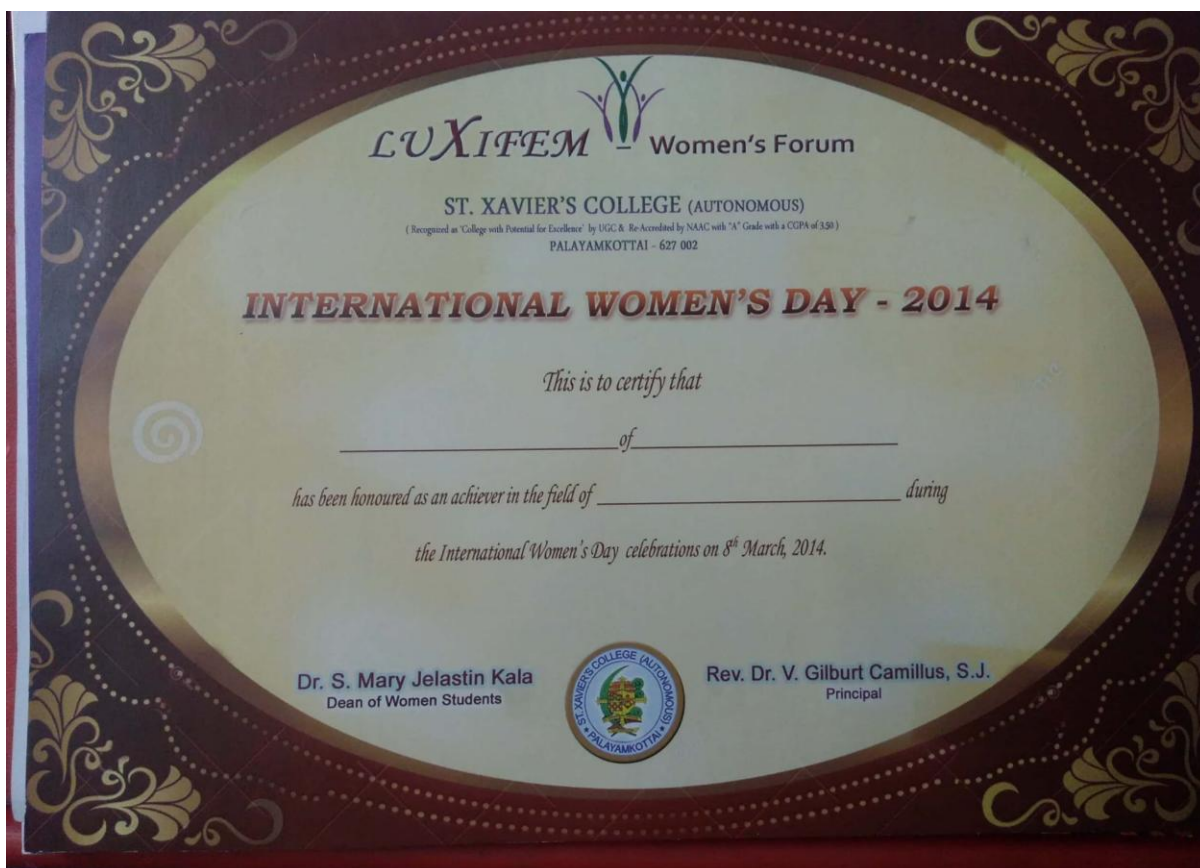
Ms. MALARVATHI (Writer)

Programme

PRAYER SONG
LIGHTING THE LAMP
WELCOME ADDRESS
INNAUGURAL ADDRESS
CHIEF GUEST ADDRESS
PRESEDINTIAL ADDRESS
FELICITATION
KAVITHAI
TAMIL SPEECH
FEMINA MONDIALE
PRIZE DISTRIBUTION
VOTE OF THANKS
CULTURAL PROGRAMME
NATIONAL ANTHEM





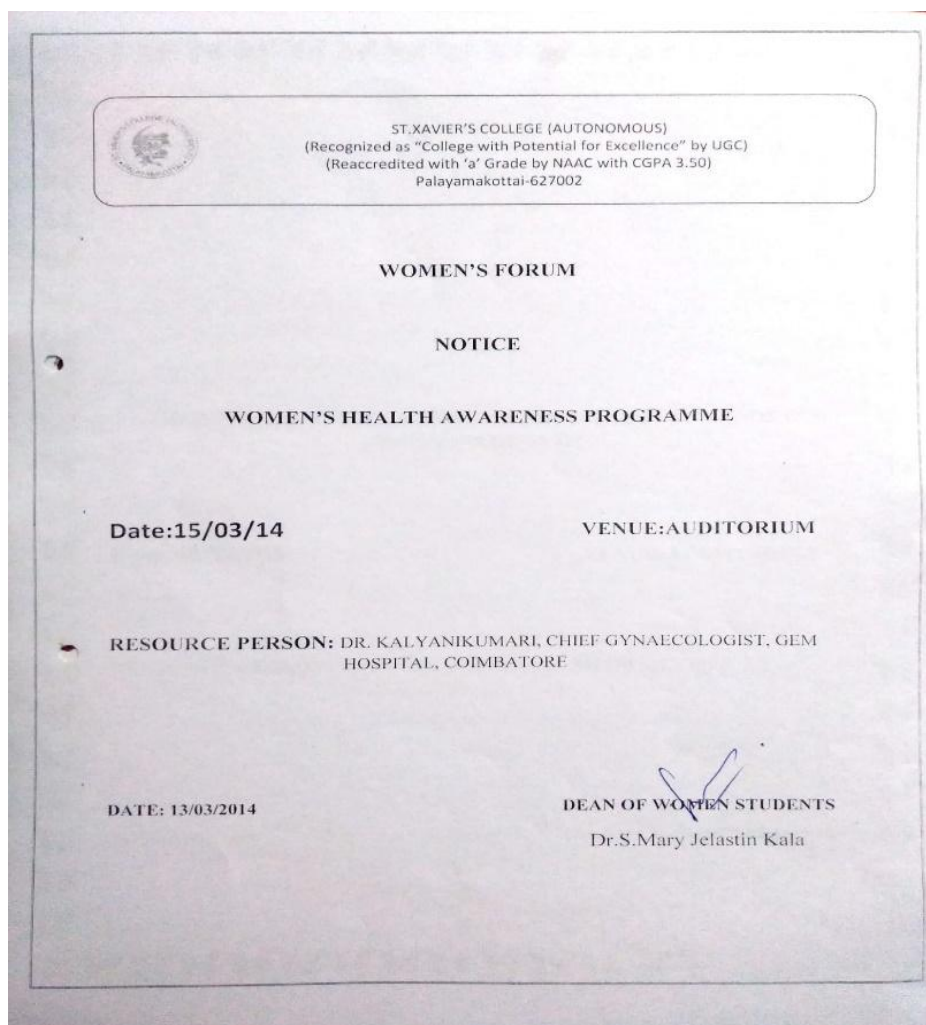


WOMEN'S HEALTH AWARENESS PROGRAMME

Date:15/03/14

VENUE:AUDITORIUM

An awareness programme related to health issues for women was conducted on Dr. Kalyanikumari, Chief Gynaecologist, GEM hospital, Coimbatore, was the resource person. Detailed explanation about several women related health issues were discussed. Some of the women students raised several queries and were answered by the resource person.



ACADEMIC YEAR 2014-2015


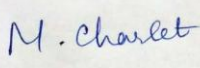
AWARENESS PROGRAMME ON HEALTH AND DAILY LIFE ROUTINE

DATE:08/12/14

VENUE:LOYOLA HALL

Women's Forum Conducted an awareness programme about Health and daily life routine on 08/12/2014. Dr. B. J. Suresh, Specialized in Naturopathy shared his views on various myths and routines of our daily life. Several tips related to disease prevention was also discussed. Rev Fr. Dr. Danis Ponnaiah S.J. inaugurated the programme and presented the inaugural address. Rev Fr Principal Dr. V. Gilbert Camillus felicitated the awareness programme.

.Prof.M.Charlet Rosemary Vijaya,Dean of Women Students organized the Programme in a meaningful manner and made the programme useful to women students.

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WOMEN'S FORUM	
NOTICE	
AWARENESS PROGRAMME ON HEALTH AND DAILY LIFE ROUTINE	
DATE: 08/12/14	VENUE:LOYOLA HALL
RESOURCE PERSON: DR.B.J.SURESH,NATUROPATHY	
DATE: 08/12/2014	 DEAN OF WOMEN STUDENTS Prof.M.Charlet Rosemary Vijaya



INTERNATIONAL WOMEN'S DAY CELEBRATION

Date:05/03/15

VENUE:OPEN AIR STAGE

International Women's Day was celebrated in a grand manner on 5th March 2015. Ms. K. Visalini, World recorder was the Chief Guest. The young age Chief guest's address was very motivative to the students. Several competitions such as Essay writing in Tamil, Essay writing in English, Poster designing, Nature chef, Rangoli and Femina Mondiale were conducted for the women students on 02/03/15, 03/03/15, 04/03/15 and 05/03/15. Women students participated with lot of enthusiasm. The winners of the competitions were honoured with prizes and certificates in the women's day Programme. Women students performed some cultural events regarding Women's day.

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WOMEN'S FORUM

INTERNATIONAL WOMEN'S DAY CELEBRATION-2015

Dear HOD/Coordinator/Staff Member,

To

The Head of the Department/ Coordinator

Respected professor,

The Women's Forum of the college plans to celebrate the International Women's Day on 05/03/15. The forum has planned to conduct various competitions for the women students of the college, honouring the occasion. The information about the same is attached here with. We request you to kindly forward the information to the students through the contact staff for women students. Any clarification may be had from either the Dean of Students or the Dean of Women Students.

Please extend your kind cooperation.

Thank you very much.

26.02.2015

M. Charlet

Dean of Women Students

Prof.M.Charlet Rosemary Vijaya

GENERAL INSTRUCTIONS:

1. Kindly ensure the students to be in the competition venue before 10 minutes in advance
2. Instruct the students to keep the place clean and not to litter.
3. Lot number will be allotted when the competition commences.
4. Ensure that the participants list is free from time clash.

SNO	COMPETITION	DATE	TIME	VENUE
1	Nature Chef	02/03/15	10.30 a.m to 11.30 a.m	Loyola Hall
2	Essay Writing[Tamil]	03/03/15	10.00 a.m to 11.00 a.m	Auditorium
3	Essay Writing [English]	03/03/15	10.00 a.m to 11.00 a.m	Auditorium
4	Poster Competition	04/03/15	10.00 a.m to 11.00 a.m	Auditorium
5	Rangoli	05/03/15	8.45 a.m to 9.45 a.m	College Church Road
6	Femina mondiale	05/03/15	11.00 a.m.	Open Air Stage

Details:

1. Essay Writing:(English/Tamil)

- Duration- one hour
- Number of Participants:1
- Topic shall be announced at 9.00a.m on the day of the competition.
- The essay should not exceed 4 pages.
- Criteria for judgement shall be content, language and creativity.

2. poster competition

- Duration- one and a half hours
- Number of Participants:1
- Theme:Women –The Blooming Bud
- A representation of the given theme in the form of cartoon, caricature, line drawing or symbolic presentation on a half sixe white chart.
- Poster colours and water colours are preferable.
- Chart and colours to be brought by the students.
- Criteria for judgement shall be creativity, representation of theme and aesthetics.

3. Nature chef

- Duration- one hour
- Number of Participants: Three in a team.
- Any natural ingredients or spices may be used.
- All requirements should be bought by the students.
- The students should list out the ingredients for display.
- Please bring serving vessels, straws and spoons for three judges.
- Criteria: innovation, taste and presentation.

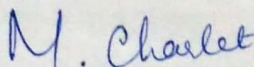
4. Rangoli

- Duration- one hour
- Number of Participants: Three
- Space allotted: 1 ½ m x 1 ½ m
- Colour presentation based on any women related theme
- Colour powder, salt or starch pellets("jowerisi") may be used
- Flowers should not be used
- Criteria: theme/idea, aesthetics and neatness

5. Femina mondiale

- Duration- one minute
- Number of Participants: solo
- A very special kind of fancy dress competition
- Appropriate dress and makeup should be worn
- Kindly avoid impersonating yourself
- The participant may speak a few lines to establish the personality
- The participant may be questioned by the judges
- Criteria: attitude and speech

26.02.2015


Dean of Women Students

Prof.M.Charlet Rosemary Vijaya



ST.XAVIER'S COLLEGE

(AUTONOMOUS)
PALAYAMKOTTAI-627 002

We, the management, staff and students cordially invites you to
the celebration of

INTERNATIONAL WOMEN'S DAY

DATE: 05/03/15 VENUE: OPEN AIR STAGE

CHIEF GUEST

Ms. K.VISALINI
(WORLD RECORDER)

Programme

PRAYER SONG
LIGHTING THE LAMP
WELCOME ADDRESS
INNAUGURAL ADDRESS
CHIEF GUEST ADDRESS
PRESEDINTIAL ADDRESS
FELICITATION
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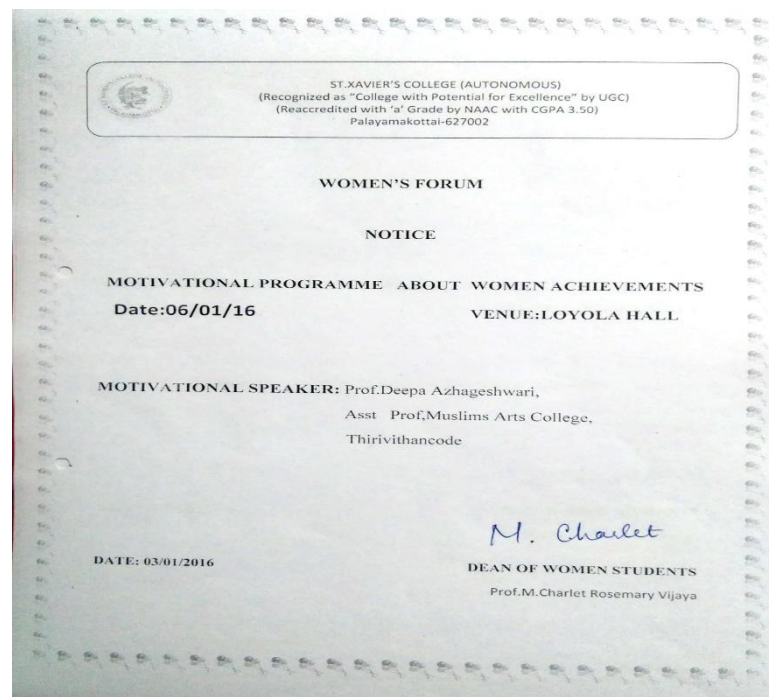
ACADEMIC YEAR 2015-2016

MOTIVATIONAL PROGRAMME ABOUT WOMEN ACHIEVEMENTS

Date:06/01/16

VENUE:LOYOLA HALL

.Women's Forum Conducted a motivational programme about Women achievements on 06/01/2016.Prof.Deepa Azhageshwari,Asst Prof,Muslims Arts College,Thirivithancode,a motivational speaker was the Chief Guest.Case studies of several Women achievers was explained and steps to achieve as a women was explained with real life examples.Rev Fr.Dr.Danis Ponnaiah S.J. Rector,inaguarated the programme and presented the inaugural address. Dr.Francis Xavier,Dean of Students, felicitated the orientation programme .Prof.M.Charlet Rosemary Vijaya,Dean of Women Students organized the Programme in a meaningful manner and made the programme useful to women students.



INTERNATIONAL WOMEN'S DAY CELEBRATION

Date:08/03/16

VENUE:AUDITORIUM

International Women's Day was celebrated in a grand manner on 8th March 2016. Dr. R. Indra Mary EzhilSelvi, Principal, St. Joseph's College of Education, Valikallipatti, Tirunelveli was the Chief Guest. Several competitions such as Essay writing, Poster designing, Rangoli and Femina Mondiale were conducted for the women students on 07/03/14 and 08/03/14. Women students participated with lot of enthusiasm. The winners of the competitions were honoured with prizes and certificates in the women's day Programme. Women students performed some cultural events regarding Women's day.

ST.XAVIERS COLLEGE (AUTONOMOUS)

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WOMEN'S FORUM

INTERNATIONAL WOMEN'S DAY CELEBRATION-2016

Dear HOD/Coordinator/Staff Member,

To

The Head of the Department/ Coordinator

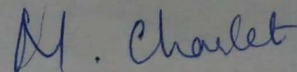
Respected professor,

The Women's Forum of the college plans to celebrate the International Women's Day on 08/03/16. The forum has planned to conduct various competitions for the women students of the college, honouring the occasion. The information about the same is attached here with. We request you to kindly forward the information to the students through the contact staff for women students. Any clarification may be had from either the Dean of Women Students.

Please extend your kind cooperation.

Thank you very much.

26.02.2016



Dean of Women Students

Prof.M.Charlet Rosemary Vijaya

GENERAL INSTRUCTIONS:

- Kindly ensure the students to be in the competition venue before 10 minutes in advance
- Instruct the students to keep the place clean and not to litter.
- Lot number will be allotted when the competition commences.
- Ensure that the participants list is free from time clash.

S.No	COMPETITION	DATE	TIME	VENUE
1	Essay Writing(Tamil)	04/03/16	10.00 a.m to 11.00 a.m	Auditorium
2	Poster Designing	04/03/16	03.00 a.m to 04.00 p.m	Loyola Hall
3	Rangoli	07/03/16	8.45 a.m to 9.45 a.m	College Church Road
4	Femina Mondiale	08/03/16	11 a.m.	Auditorium

Details:**1. Essay Writing:(Tamil)**

- Duration- one hour
- Number of Participants:1
- Topic shall be announced at 9.00a.m on the day of the competition.
- The essay should not exceed 4 pages.
- Criteria for judgement shall be content, language and creativity.

2. Poster competition

- Duration- one and a half hours
- Number of Participants:1
- Theme:Women –Women Empowerment
- A representation of the given theme in the form of cartoon, caricature, line drawing or symbolic presentation on a half sixe white chart.
- Poster colours and water colours are preferable.
- Chart and colours to be brought by the students.
- Criteria for judgement shall be creativity, representation of theme and aesthetics.

3. Rangoli

- Duration- one hour
- Number of Participants: Three
- Space allotted:1 ½ m x 1 ½ m
- Colour presentation based on any women related theme
- Colour powder, salt or starch pellets(“jowerisi”) may be used

- Flowers should not be used
- Criteria: theme/idea, aesthetics and neatness

4. Femina mondiale

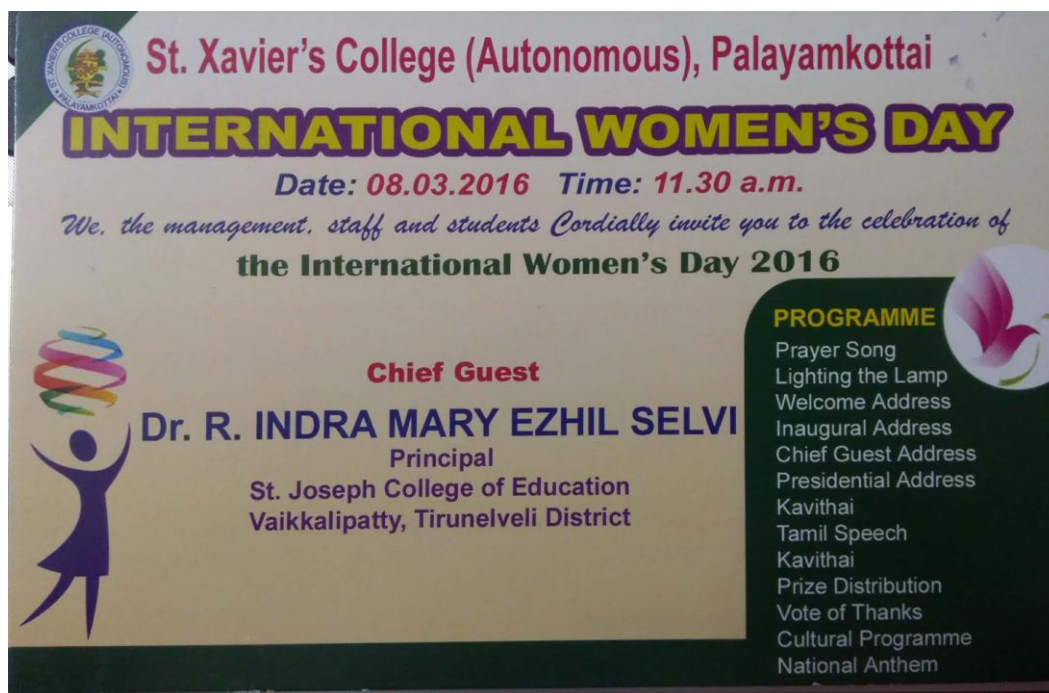
- Duration- one minute
- Number of Participants: solo
- A very special kind of fancy dress competition
- Appropriate dress and makeup should be worn
- Kindly avoid impersonating yourself
- The participant may speak a few lines to establish the personality
- The participant may be questioned by the judges
- Criteria: attitude and speech


26.02.2016

M. Charlet



Dean of Women Students

Prof.M.Charlet Rosemary Vijaya





LUXIFEM - Women's Forum
ST. XAVIER'S COLLEGE
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 PALAYAMKOTTAI - 627 002

INTERNATIONAL WOMEN'S DAY - 2016

This is to certify that

Mr./Ms. _____ of

has won the First / Second / Third Prize in

_____ in the

INTERNATIONAL WOMEN'S DAY celebration

held on 8th March, 2016.

Mrs. M. Charlet Rose Mary Vijaya
Dean of Women Students

Rev. Dr. V. Gilbert Camillus, S.J.
Principal

ACADEMIC YEAR 2016-2017

MOTIVATIONAL PROGRAMME ABOUT WOMEN EMPOWERMENT

Date:23/08/16

VENUE:AUDITORIUM

.Women's Forum Conducted a motivational programme about Women empowerment on 23/08/2016. Prof. R. Ramadevi, B.T. Assistant, in English, Sattur, a motivational speaker was the Chief Guest. Rev. Fr. Dr. Danis Ponnaiah S.J. Rector, inaugurated the programme and presented the inaugural address. Rev. Dr. A. Antonysamy S.J. and Rev. Dr. V. Britto S.J. felicitated the orientation programme. Prof. M. Charlet Rosemary Vijaya, Dean of Women Students organized the Programme in a meaningful manner and made the programme useful to women students.



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Palayamakottai-627002

WOMEN'S FORUM

NOTICE

MOTIVATIONAL PROGRAMME ABOUT WOMEN EMPOWERMENT

Date:23/08/16

VENUE:AUDITORIUM

MOTIVATIONAL SPEAKER: PROF.R.RAMADEVI,
B.T.ASSISTANT,
SATTUR

M. Charlet

DEAN OF WOMEN STUDENTS

Prof.M.Charlet Rosemary Vijaya

DATE: 20/08/2016

St. Xavier's College (Autonomous), Palayamkottai

LUXIFEM'16

We cordially invite you to the function of



Women's Forum 2016-17



Date: 23.08.2016 Time: 11.30 a.m.
Venue: Fr. Lebeau Auditorium

Prayer Song

Lighting the Lamp

Inaugural address

Felicitation

Presidential address

Chief Guest address

: **Rev. Dr. Danis Ponniah, S.J.** - Rector

: **Rev. Dr. A. Antonysamy, S.J.** - Secretary

: **Rev. Dr. V. Britto, S.J.** - Principal

: **Mrs. R. Ramadevi** M.A., M.A., M.Ed., M.Phil.,
B.T. Asst. in English,
Sattur

PROGRAMME

Prayer Song

Lighting the Lamp

Welcome Address

Inaugural Address

Felicitation

Presidential Address

Chief Guest Address

Vote of Thanks

WELCOME
ONE
AND
ALL

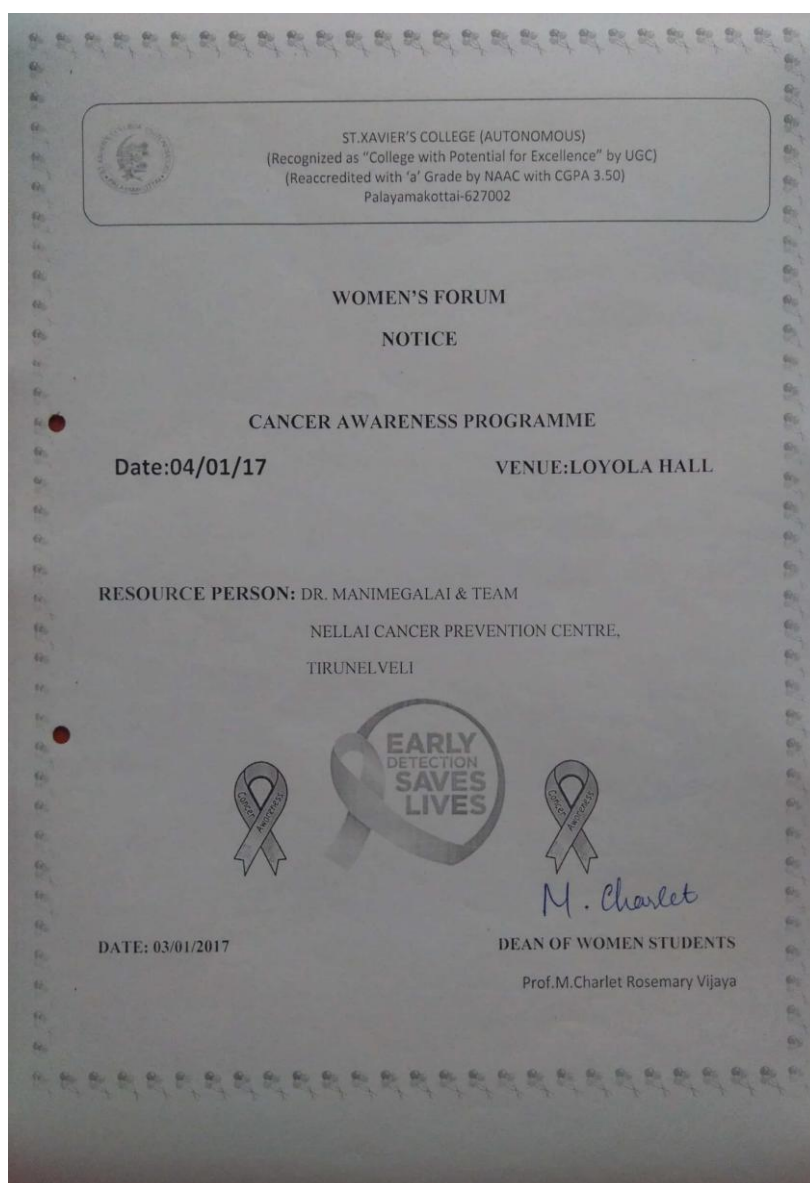


CANCER AWARENESS PROGRAMME

Date:04/01/17

VENUE:LOYOLA HALL

Women's Forum organized a Cancer Awareness Programme on 4th January 2017. The Principa of the College Dr. V. Britto, S.J., felicitated the gathering. The Cancer Awareness Programme was conducted for the Women Students. Dr. Manimeghalai accompanied by Mr. Murugan and Mr. Prabhu Raj from Nellai , Cancer Care Centre gave a lecture about various types of cancer and their remedial measures. During the interaction session women students asked queries to the resource persons and they were answered by the doctors.



INTERNATIONAL WOMEN'S DAY CELEBRATION

Date:08/03/17

VENUE:AUDITORIUM

International Women's Day was celebrated in a grand manner on 8th March 2016. Dr. Kanchana, Assistant Professor, Department of Commerce, Sarah Tucker College, Tirunelveli was the Chief Guest. Several competitions such as Essay writing, Poster designing, Rangoli and FeminaMondiale were conducted for the women students on 06/03/17, 07/03/17 and 08/03/17. Women students participated with lot of enthusiasm. The winners of the competitions were honoured with prizes and certificates in the women's day Programme. Women students performed some cultural events regarding Women's day.

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WOMEN'S FORUM

INTERNATIONAL WOMEN'S DAY CELEBRATION-2017

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To

The Head of the Department/ Coordinator

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Please extend your kind cooperation.

Thank you very much.

02.03.2017

M. Charlet

Dean of Women Students

Prof.M.Charlet Rosemary Vijaya

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Details:

1. Essay Writing:(Tamil)

- Duration- one hour
- Number of Participants:1
- Topic shall be announced at 9.00a.m on the day of the competition.
- The essay should not exceed 4 pages.
- Criteria for judgement shall be content, language and creativity.

2. Poster competition

- Duration- one and a half hours
- Number of Participants:1
- Theme:Women –Women Empowerment
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- Poster colours and water colours are preferable.
- Chart and colours to be brought by the students.
- Criteria for judgement shall be creativity, representation of theme and aesthetics.

3. Rangoli

- Duration- one hour
- Number of Participants: Three
- Space allotted:1 ½ m x 1 ½ m
- Colour presentation based on any women related theme
- Colour powder, salt or starch pellets("jowerisi") may be used

- Flowers should not be used
- Criteria: theme/idea, aesthetics and neatness

4. Femina mondiale

- Duration- one minute
- Number of Participants: solo
- A very special kind of fancy dress competition
- Appropriate dress and makeup should be worn
- Kindly avoid impersonating yourself
- The participant may speak a few lines to establish the personality
- The participant may be questioned by the judges
- Criteria: attitude and speech

02.03.2017

M. Charlet

Dean of Women Students

Prof.M.Charlet Rosemary Vijaya



St. Xavier's College (Autonomous), Palayamkottai

INTERNATIONAL WOMEN'S DAY



Date: 08.03.2017 Time: 11.30 a.m.

We, the management, staff and students Cordially invite you to the celebration of
the International Women's Day 2017



Chief Guest

Dr. S. KANCHANA,

M.Com., M.Phil., Ph.d.,(SET), B.Ed.

Assistant Professor in Commerce
Sarah Tucker College
Tirunelveli




PROGRAMME



Prayer Song
Lighting the Lamp
Welcome Address
Inaugural Address
Chief Guest Address
Presidential Address
Felicitation
Kavithai
Tamil Speech
Kavithai
Prize Distribution
Vote of Thanks
Cultural Programme
National Anthem








LUXIFEM - Women's Forum
ST. XAVIER'S COLLEGE
 (AUTONOMOUS)
(Recognized as 'College with Potential for Excellence' by UGC)
 (Re-accredited with 'A' Grade (2016 by NAAC))
 PALAYAMKOTTAI - 627 002





INTERNATIONAL WOMEN'S DAY - 2017

This is to certify that
 Mr./Ms. _____ of

 has won the First / Second / Third Prize in
 _____ in the
 INTERNATIONAL WOMEN'S DAY celebration
 held on 8th March, 2017.

Mrs. M. Charlet Rose Mary Vijaya
Dean of Women Students


 Rev. Dr. V. Britto, S.J.
 Principal

ACADEMIC YEAR 2016-2017

**BLUE WHALE ONLINE GAME AWARENESS PROGRAMME
[BORN TO WIN]**

DATE:08/09/17

VENUE:LOYOLA HALL

Blue Whale is a deadly online game which threatens all the youth in various dimensions. In this Technical Digital Era Students must be aware of deadly online Games, therefore an orientation was given to women students on **8th September, 2017** for both shift 1 and 2 related to Blue Whale Awareness under the topic “Born to Win”.The awareness program message was conveyed by Prof.J.Rexy,Dean of women students.



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Palayamakottai-627002

WOMEN'S FORUM

NOTICE

BLUE WHALE ONLINE GAME AWARENESS PROGRAMME
[BORN TO WIN]

DATE: 08/09/17

VENUE: LOYOLA HALL

SPEAKER: PROF.J.REXY,

DEAN OF WOMEN STUDENTS

ST.XAVIER'S COLLEGE

DATE: 07/09/2017

A handwritten signature in blue ink, likely belonging to Prof. J. REXY.

DEAN OF WOMEN STUDENTS

Prof .J.REXY



AWARENESS PROGRAMME ABOUT HEALTH AND HYGIENE

DATE:13/09/17

VENUE:AUDITORIUM

Women's Forum Conducted an awareness programme about Health and Hygiene on 13/09/2017. Dr. N. Deepa, Consultant Dietician and Nutritionist, shared his views on Health and Nutrition diet. Several tips related to women's diet was explained in a useful manner. The session was interactive and the chief guest answered various queries raised by students. Rev Fr. A. Antonysamy S.J. inaugurated the programme and presented the inaugural address. Rev Fr Principal Dr. V. Britto S.J. felicitated the awareness programme. Few Students from Master of Social Work demonstrated the importance of Women's Health and hygiene through drama which was a great motivation for women students. On view of this event nature chief and poster designing competition was conducted and winners were honored with prizes and certificates in the programme. Prof. J. Remy, Dean of Women Students organized the Programme in a meaningful manner and made the programme useful to women students.

ST.XAVIER'S COLLEGE (AUTONOMOUS)

PALAYAMKOTTAI

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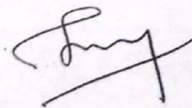
(Re-Accredited with "A" Grade with a CGPA of 3.50 by NAAC)

WOMEN'S FORUM

Dear HOD/Coordinator/Staff Member,

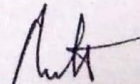
The Women's Forum of St.Xavier's College has planned to conduct **Nature Chef Competition** and **Poster designing Competition** on ~~07~~¹¹/09/17 in the Auditorium at 11.30 AM, to create awareness about health and nutrition among women students. Prize winners will be honoured and certificates will be provided to all the participants on **13.09.17** in Women's Forum seminar to be held under the topic "**Women's Health and Nutrition**". Women Students are invited to actively participate in both the competitions and make the events meaningful and fruitful. Herewith the rules sheet and name list sheet have been attached for your reference.

Thank You



DEAN OF WOMEN STUDENTS

J. REXY, M.Sc.M.Phil.MBA.,
DEAN OF WOMEN STUDENTS
ST. XAVIER'S COLLEGE
PALAYAMKOTTAI



PRINCIPAL

PRINCIPAL
ST. XAVIER'S COLLEGE
(Autonomous)
PALAYAMKOTTAI
TIRUNELVELI-627 002.



ST.XAVIER'S COLLEGE (AUTONOMOUS)
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Palayamakottai-627002

WOMEN'S FORUM

NOTICE

AWARENESS PROGRAMME ABOUT HEALTH AND HYGIENE

DATE: 13/09/17


VENUE:AUDITORIUM

RESOURCE PERSON: DR.N.DEEPA,CONSULTANT DIETICIAN AND NUTRITIONIST

DATE: 11/09/2017

DEAN OF WOMEN STUDENTS

Prof .J.REXY




St. Xavier's College (Autonomous), Palayamkottai

WOMEN'S FORUM

Date: 13.9.2017 Time: 11.30 a.m. Venue: Auditorium

We, the management, staff and students Cordially invite you to the seminar under the topic

"WOMEN'S HEALTH AND NUTRITION"



PROGRAMME SCHEDULE

- Prayer Song
- Lighting the Lamp
- Welcome Address
- Action plan
- Oath taking
- Inaugural Address : **Rev. Dr. Thomas Alexander, S.J.,** Rector
- Presidential Address : **Rev. Dr. V. Britto, S.J.,** Principal
- Felicitations : **Rev. Dr. A. Antonysamy, S.J.,** Secretary
- Dr. V.S. Joseph Albert,** Deputy Principal
- Short Play : MSW Students
- Chief Guest Address
- Vote of Thanks
- FAQs and Feedback Session

Chief Guest


Dr. N. Deepa M.Sc., M.Phil., Ph.D.,


Consultant Dietician & Nutritionist

Tirunelveli

"Let food be thy medicine and medicine be thy food"

Hippocrates





Women's Forum

ST. XAVIER'S COLLEGE

(AUTONOMOUS)

(Recognized as 'College with Potential for Excellence' by UGC)
(Re-accredited with 'A' Grade (3.50) by NAAC)

PALAYAMKOTTAI - 627 002



CERTIFICATE OF APPRECIATION

This is to certify that

Mr./Ms. _____ of _____

has won the First / Second / Third Prize in

NATURE CHEF / POSTER DESIGNING conducted by

Women's Forum under the theme

"WOMEN'S HEALTH AND NUTRITION"

on _____.

Mrs. J. Rexy
Dean of Women Students

Rev. Dr. V. Britto, S.J.
Principal





INTERNATIONAL WOMEN'S DAY CELEBRATION

Date:10/03/18

VENUE:AUDITORIUM

International Women's Day was on 10th March 2018. As a new initiative the women's day was conducted separately for Shift I and shift II. Mrs. Amali, Cine Folk Singer was the chief guest for Shift I Programme and Ms. Soma Azhagu, "Thinnaipetchai" Book Author was the chief guest for Shift II Programme. Several competitions such as Tamil Essay writing, Tamil Verse Writing, Tamil Turn coat, English Turn coat, Poster designing, Rangoli, Nature Chef and Femina Mondiale were conducted for the women students on 05/03/18, 06/03/18 and 07/03/18. Women students participated with lot of enthusiasm. The winners of the competitions were honoured with prizes and certificates in the women's day Programme. Women students performed some cultural events regarding Women's day.

INTERNATIONAL WOMEN'S DAY

Time : 11:00 a.m.

- College Anthem
- Prayer Song
- Lighting the Lamp
- Welcome Address
- Poem Recitation
- Inaugural Address : Rev. Fr. D. Thomas Alexander, S.J., Rector
- Chief Guest Address : **Mrs. V. Lathamathivanan**, Program Director, Annambagal Trust, Tirunelveli
- Prize Distribution
- Presidential Address : Rev. Fr. A. Antonyamy, S.J., Secretary
- Felicitation : Rev. Fr. V. Britto, S.J., Principal
- Vote of thanks

Time : 3:30 p.m.

- College Anthem
- Prayer Song
- Lighting the Lamp
- Welcome Address
- Poem Recitation
- Inaugural Address : Rev. Fr. D. Thomas Alexander, S.J., Rector
- Chief Guest Address : **Mrs. M. Amali Thirunavukarasu**, Music Teacher, Govt. H. Sec. School, Folk & Cine Folk Singer, Kovilpatti
- Prize Distribution
- Presidential Address : Rev. Fr. A. Antonyamy, S.J., Secretary
- Felicitations : Rev. Fr. V. Britto, S.J., Principal
- Vote of thanks
- National Anthem

Cultural Programme

- WELCOME DANCE
- GROUP SONG
- MIME
- FUSION DANCE

Venue: Auditorium

ST. XAVIER'S COLLEGE (AUTONOMOUS) PALAYAMKOTTAI

International Women's Day

8 MARCH 2018

HAPPY INTERNATIONAL WOMEN'S DAY

HAPPY WOMEN'S DAY



ST.XAVIER'S COLLEGE (AUTONOMOUS)
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Palayamakottai-627002

WOMEN'S FORUM

NOTICE

Respected Hods /Coordinators/Students,

The Women's Day Programme which was scheduled on 8/03/18 has been postponed to 10/03/18.

INTERNATIONAL WOMEN'S DAY PROGRAMME

DATE: 10/03/18

VENUE: AUDITORIUM

SHIFT I

CHIEF GUEST

Mrs.M.Amali Thirunavukarasu

Cine Folk Singer

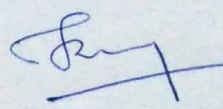
DATE: 08/03/2018

SHIFT I

CHIEF GUEST

Ms.Soma Azhagu

"Thinnai Pechai" Book Author


DEAN OF WOMEN STUDENTS
Prof .J.REXY

ST.XAVIER'S COLLEGE (AUTONOMOUS)

PALAYAMKOTTAI

(Recognized as "College with Potential for Excellence" by UGC)

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WOMEN'S FORUM

INTERNATIONAL WOMEN'S DAY CELEBRATION-2018

Dear HOD/Coordinator/Staff Member,

The Women's Forum of the College has planned to celebrate International Women's Day on 08/03/18 in Auditorium for both Shifts individually. In view of Women's Day Celebration the Forum has planned to conduct various competitions which will mould our women students to empower themselves and also to empower others, hence the Women's day celebration will be a meaningful venture. ~~maner~~. This is to kindly request all Hods and Co-ordinators to direct Women Students to participate in the competitions actively and make the event meaningful and fruitful. For Women's Day Competitions apart from individual prizes overall Shield will be given individually for Shift I and Shift II in order to encourage our Women Student to rock their performances. Herewith the details of competitions have been attached for your reference. Further, in this regard, the Women's Forum solicits certain particulars. Kindly provide them.

Thank You


DEAN OF WOMEN STUDENTS


VICE PRINCIPAL


PRINCIPAL

ST.XAVIER'S COLLEGE (AUTONOMOUS)
PALAYAMKOTTAI
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WOMEN'S FORUM
INTERNATIONAL WOMEN'S DAY CELEBRATION COMPETITIONS

S.No	NAME OF THE EVENT	RULES
1	Poster Coloring	<ul style="list-style-type: none"> ➤ Number of Participants:One per Department ➤ Theme:Women & Social Media ➤ Duration:One hour ➤ A representation of the given theme in the form of Cartoon or Caricature ➤ Chart [half size] will be provided, stationeries must be brought by the student ➤ Criteria for Judgement: Creativity, Representation of Theme and Aesthetics
2	Poetry[Tamil]	<ul style="list-style-type: none"> ➤ No of Participants:1 per Department ➤ Duration:One hour ➤ Topic will be displayed in the main notice board at 9.00 a.m on the day of competition. ➤ Poems could be in any style namely modern poetry, traditional poetry, hi-koo ➤ The poem should not exceed 30 lines ➤ Criteria for Judgement: Content ,language style, aesthetics
3	Essay writing[Tamil]	<ul style="list-style-type: none"> ➤ No of Participants:1 per Department ➤ Duration:One hour ➤ Topic will be displayed in the main notice board at 9.00 a.m on the day of competition. ➤ Essay should not exceed four pages. ➤ Criteria for Judgement: Language style,content, development of theme.
4	Turn coat (Tamil)	<ul style="list-style-type: none"> ➤ No of Participants:1 per Department ➤ Duration:5 minutes ➤ Topic will be given five minutes before the performance ➤ Criteria for Judgement: Pronunciation, language, content change, presentation style.
5	Turn Coat (English)	<ul style="list-style-type: none"> ➤ No of Participants:1 per Department ➤ Duration:5 minutes ➤ Topic will be given five minutes before the performance ➤ Criteria for Judgement: Pronunciation, language, content change, presentation style.

S.No	NAME OF THE EVENT	RULES
<u>6</u>	NATURE CHEF (Fireless Cooking)	<ul style="list-style-type: none"> ➤ No of Participants:5 per Department ➤ Duration : One hour ➤ Any natural ingredients or spices may be used ➤ Time for presentation include in the one hour duration ➤ The students should list out their ingredients for display ➤ Serving vessels, straws and spoons for two judges must be brought ➤ Electronic items are not allowed during preparatory process. ➤ Criteria for Judgement:Innovation, Taste and Presentation
<u>7</u>	Rangoli	<ul style="list-style-type: none"> ➤ No of Participants:5 per Department ➤ Duration : One hour ➤ Theme: Women Empowerment ➤ Only white & Color Kolam Powder should be used ➤ Salt, Starch Pellets, flowers etc should not be used. ➤ Criteria for Judgement:Innovation, <u>and</u> Presentation,
<u>8</u>	Femina Mondiale (Special kind of fancy dress competition)	<ul style="list-style-type: none"> ➤ No of Participants:1 per Department ➤ Duration : 5 Minutes Performance ➤ Appropriate dress and makeup should be worn ➤ Avoid impersonating yourself ➤ The participants must speak few lines to establish the personality. ➤ Query Session will be conducted by the judges. ➤ Criteria for Judgement:Innovation, Relevant Costume, Presentation & Query Session <p>Best Three will be given opportunity to present it on Women's Day Celebration</p>

KINDLY FILL THE FOLLOWING DETAILS

DEPARTMENT: _____ ☐ SHIFT I ☐ SHIFT II

S.No	COMPETITION	STUDENT NAME	REG NO
1	POSTER COLORING	1.	
2	POETRY[TAMIL]	1.	
3	ESSAY WRITING[TAMIL]	1.	
4	Turn coat (Tamil)	1.	
5	Turn coat (Tamil)	1.	
6	NATURE CHEF	1.	
		2.	
		3.	
		4.	
		5.	
7	RANGOLI	1.	
		2.	
		3.	
		4.	
		5.	
8	FEMINA MONDIALE	1.	

Contact Staff Name	Sign	Mobile Number(Whatsapp)

GENERAL INSTRUCTIONS:

1. Kindly sent the participants to the Deans Office on or before 05/03/18 ,9.00 a.m
2. Kindly ensure the students to be in the competition venue before 10 minutes in advance
3. Instruct the students to keep the place clean and not to litter.
4. Lot number will be allotted when the competition comences
5. Ensure that the participants list is free from time clash.
6. For Overall Trophy ,7 points for I prize,5 points for II prize and 3 points for III prize

S.No	COMPETITION	DATE	TIME	VENUE
1	Nature Chef	05/03/18	10.30 a.m to 11.30 a.m	Loyola Hall
2	Turn Coat(Tamil)	05/03/18	2.00 p.m to 3.00 p.m	Loyola Hall
3	Turn Coat(English)	05/03/18	3.00 p.m to 4.00 p.m	Loyola Hall
4	Poetry(Tamil)	06/03/18	10.00 a.m to 11.00 a.m	Auditorium
5	Essay Writing(Tamil)	06/03/18	10.00 a.m to 11.00 a.m	Auditorium
6	Poster Designing	06/03/18	10.00 a.m to 11.00 a.m	Auditorium
7	Femina Mondiale	06/03/18	2.00 p.m to 3.00 p.m	Auditorium
8	Rangoli	07/03/18	8.45 a.m to 9.45 a.m	College Church Road



